

The NoS Trauma Network would like to thank all staff for their hard work during the winter months. There have been many educational opportunities including three TRiM Practitioner courses, TRiM Manager course and a European Trauma Course. Progress has been made in recruiting to posts including a number of adult and paediatric community psychology posts, Dr Angela Gall, Rehab Consultant at Woodend, staffing for the MTC polytrauma ward, Network Paediatric Clinical Lead and Network Psychology Lead. The location for the annual trauma conference has been confirmed as Pittodrie Stadium home to Aberdeen Football Club and the event will take place on the **2nd of October** focusing on the developments made across the network since going live. Bids for additional funding were submitted to the Scottish Trauma Network late October for consideration and a decision is pending

SAS North Trauma Region Update

Thanks to the support of the Scottish Trauma Network and the Highland PICT (Pre-hospital Immediate Care and Trauma) Team, the Scottish Ambulance Service are about to embark on the third stage of their Advanced Practitioner in Pre-hospital Critical Care programme with 6 new posts being advertised this summer in Inverness.

In cognisance of the more varied workload anticipated in the region, the Advanced Practitioners will receive education and training in a breadth of competencies that will allow them to deal with a wider spread of emergency complaint under the supervision of PICT clinicians. This will be reflected in their job title, Advanced Practitioners in Rural Pre-hospital Care.

For further information please contact ewan.esslemont@nhs.net.

National STAG Update

STAG would like to welcome the new STAG Local Coordinators in Aberdeen, Elgin, and Western Isles! We welcomed staff to the STAG Quality Improvement workshop on Friday 1st March. We will share the slides from the workshop at www.stag.scot.nhs.uk.

The new Trauma **Rehabilitation Plan** has been developed by the North and East Trauma Networks and is now being used within the North and East. Have you seen it yet? Early rehabilitation is essential to ensure patients best possible recovery and this is one of the STN Key Performance Indicators that STAG measure.

Patient Reported Outcome Measures (**PROMs**) have been collected since June 2018, and we look forward to starting to analyse this data soon. Patients will receive a follow up questionnaire at six and twelve months; as well as completing the first questionnaire in hospital.

Please get in touch if you have any questions, angela.khan@nhs.net

Scottish Trauma Network

The STN working groups continue to progress key pieces of work as implementation continues. A STN Paediatric Rehabilitation group has been developed. There will be linkages between this group and the STN Rehabilitation group, and they are currently considering any minimum requirements/resource requirements for paediatric rehab for major trauma patients. The STN Education and Workforce group have produced an education strategy that was endorsed by the STN Steering Group in December 2018. The development of the Trauma App (dealing with ED admissions) is progressing well and a group of representatives from each of the MTCs are involved. These are just a few of the many highlights!

The STN team have been busy planning for the STN event on 26th and 27th June 2019. We are collaborating with two other national clinical networks this year, the [Care of Burns in Scotland \(COBIS\)](#) and the [Scottish Acquired Brain Injury Network \(SABIN\)](#), as well as the [Scottish Trauma Audit Group \(STAG\)](#) to bring together like-minded people to deliver the STN conference. Keep an eye on our website for further information – www.scottishtraumanetwork.com

Alison Gilhooly, Programme Manager, STN, nss.scottrauma@nhs.net.

Recruitment News



Dr Catharina Hartman, NoS Trauma Network Clinical Lead for Paediatrics

I have been working as a locum consultant in Emergency Medicine at RACH and ARI since September 2017. My ambition in this role is to improve the care for injured children and their families across the North of Scotland. I will be working with colleagues across the network to forge lines of communication and learning that enable us to continuously improve the care we deliver *from roadside to recovery*. As the first paediatric network to go live in Scotland, we have an opportunity to showcase how working within in a trauma system with integrated and seamless transfer of care both up- and downstream offers the best outcomes for patients.

Dr Maggie Whyte, Consultant Clinical Neuropsychologist

Maggie has taken a temporary post as lead psychologist of the NoS network. Within this role, she will develop the major trauma psychology strategy and pathway ensuring access, continuity and equity of psychological care for patients with major trauma throughout the North east. The strategy will emphasise the interaction between physical and psychological wellbeing and reflect the skills required for all staff to create a culture which promotes psychological wellbeing throughout the pathway.



Trauma Case Managers – 6 months in

How do you feel the first six months in Scotland's first Major Trauma Centre has gone? *The first 6 months have gone in so quickly, as a team, I really feel we've made major leaps forward in 'finding' patients and offering them as much support as possible from the whole team of specialists involved in the MTC. Patients have expressed incredible gratitude for the speed in which we seem to get things 'sorted' for them and we seem to be getting each patient through the MTC pathway in a very timely manner.*

You are one of the first Trauma Case Managers to be appointed in Scotland- what do you feel has been the best part of your role so far? *It's an incredible privilege to be involved with the Major Trauma patients' families and carers, and while my role continues to evolve, I can honestly say that I've really enjoyed all aspects of my role. Teamwork, networking, always trying to achieve the best results for all of our patients, their families and carers.*

How do you feel you have developed over the past six months? *I'm really just at the beginning of my role, and I'm aware that I have much to learn from patients and family's feedback, as well as all the specialities, but thus far, I feel I have learned an enormous amount about the patients conditions, treatments and long term care.*

What are you looking forward to achieving in the next six months? *There is a lot still to establish and achieve over the next 6 months, having continuous contact with patients and their families, and receiving more feedback from patients, so that we can continue to grow and improve the service. I'm also looking forward to networking with colleagues across the Trauma Network in Scotland.*

Interview with
Lorraine Harris,
Major Trauma
Case manager
from Aberdeen
Royal Infirmary



Education

Trauma Risk Management (TRiM)

Andrew Ronald, Consultant in Anaesthesia and Intensive Care

Staff exposed to psychological trauma in the course of their work are at risk of developing mental health issues ranging from anxiety and depression to full blown PTSD. Trauma Risk Management (TRiM) is a NICE-approved organisational approach to supporting staff at risk which involves making peers more psychologically aware and training them to perform structured interviews to identify colleagues at risk of psychological injury. This allows them to be referred on to specialist treatment earlier before they develop long-term sequelae. So far the network has trained over 30 Practitioners and 6 Managers and the TRiM Managers are currently developing TRiM policies and procedures for use across the network. Further details available from nhsg.trim@nhs.net.

"Very useful to keep staff safe and because of that increased productivity and higher quality care for patient"

"Really excited as to how this can help staff"

"I think when more people are aware of TRiM more people will want to become TRiM Practitioners"



Above and below pictures are from the ETC that took place in Orkney



European Trauma Course (ETC)

Louise McCullough, NoS Trauma Network Clinical Lead for Education

31st January – 1st February, 2019 twelve clinicians had the opportunity to participate in the European Trauma Course held in Inverness with Dr Chic Lee (North of Scotland Trauma Network Clinical lead) as course director.

This 2.5 day course is very much scenario based, providing ample opportunity to practice both the non-technical skills and the practical skills. The participants while predominantly medical did have some nursing input and the main focus is teamwork, communication and non-technical skills. The number of lectures is limited to 2, ensuring the majority of teaching is with repetition and practice of skills. A high ratio of faculty to participants ensures excellent teaching opportunities and support.

This course provides a unique learning experience providing a different slant on immediate resuscitation and trauma care in a very enjoyable relaxed environment. Further courses will be running in Aberdeen later this year and another course in Inverness next year.

Dates for Your Diary!

- Surgical Skills Training Day, 14-15th March, Suttie Centre
- NoS Education Session, 22nd March, Medical Lecture Theatre, ARI
- STN Event, 26th and 27th June, Edinburgh International Conference Centre
- European Trauma Course, 21-22nd August, Suttie Centre, Aberdeen
- TNCC, 28-29th September, Suttie Centre, Aberdeen
- NoS Trauma Network Event, 2nd October, Pittodrie Stadium, Aberdeen FC